

# WTF

## Do Kinksters Talk About In Therapy

**WHAT ROLE DOES KINK/BDSM PLAY IN YOUR LIFE AND IDENTITY? AND WHAT ARE THE AREAS OF YOUR LIFE WHERE KINK PLAYS A ROLE?**

**WHAT DO YOU ENJOY OR VALUE ABOUT BEING A KINKSTER, YOUR PLAY PARTNERS, RELATIONSHIPS, AND THE KINK COMMUNITY?**

**ARE THERE AREAS OF INTEREST OR PLAY WHERE YOU FEEL DISCOMFORT, FEAR, OR SHAME?**

**WHAT ARE THE SETTINGS, PLAY PARTNERS, ROLES, ETC WHERE BOUNDARY SETTING & NEGOTIATION ARE EASIER/HARDER?**

**ARE THERE ASPECTS OF KINK/BDSM YOU HAVEN'T ENGAGED IN YET AND ARE INTERESTED IN EXPLORING?**

**WHAT DO YOU NEED TO CREATE THE BEST EXPERIENCE FOR SUB/TOP/KINK SPACE?**

**HOW DO YOU CREATE AND MAINTAIN SAFETY IN SCENES? HOW DO YOU ENGAGE IN SETTING BOUNDARIES, LIMITS, AND NEGOTIATION?**

**DO YOU HAVE MORE IDEAS?  
WE'D LOVE TO HEAR THEM.**

