9 VARNING SIGNS of Abuse in Kink*

Limiting One's Ability to Communicate

Having a partner tied in a corner for some "quiet time" is hot, limiting someone's access to the phone or internet is a red flag.



Gaslighting

Accepting responsibility and providing support is hot. Denying aftercare or responsibility is a red flag.

Destructive Behavior

Behaving in destructive ways where valuables or property are damaged is a red flag.

Threats of Violence

Negotiated power exchanges are hot. Threatening to harm children, pets, or any person in an attempt to control is a red flag.

Denial of Basic Need

Negotiated rules to encourage positive behavior is hot. Withholding food, water, rest, or medical care is a red flag.





Feeling comfortable to express your kink identity is great, if that's your thing, but no one should make that decision for others. Respecting autonomy is hot, threats to "out" someone is a red flag.

Deliberately Unsafe Play

Negotiation and consent are FUCKING HOT! Refusing to stop a scene, engaging in play beyond someone's expressed limits, or indifference to safe words, those are red flags.





Bringing Anger into Scenes

Anger is a valid emotion. Bringing anger into scenes unchecked or without prior negotiation is a red flag.

Inappropriate Boundaries/ Scene Confusion

Boundary setting and negotiated punishments are hot. Changing the rules mid-scene, unspecified punishments, or scening without consent are red flags.

*These red flags are to help people identify the potential of abuse and assess for risk. The key is looking for things WITHOUT consent and negotiation.